

December 2019

Allamuchy Township School Lunch

Lunch Price List Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

Meatless Monday Italian Sampler with Breaded Ravioli, Mozzarella Sticks with Marinara Sauce Italian Green Beans

MONDAY

3 New Menu Item

TUESDAY

- Hot Dog Sliders
- **BBQ Baked Beans** Country Slaw

Scoop A Bowl with Taco Meat, Shredded

WEDNESDAY

- Cheddar Cheese, Lettuce, Tomatoes and Salsa · Southwestern/Fiesta
- Corn
- · Fiesta Rice & Beans

THURSDAY 5

- **National Comfort Food**
- Crunchy Chicken Bites Baked **Creamy Mac &**
- Cheese Peas & Carrots
- Mini Corn Bread Loaf

6

FRIDAY

- Bella's Pizza 👂
- Freshly Prepared Spring Mix Salad







Meatball Parm Hero

Cucumber & Tomato Salad

10

- Crispy Chicken on a Biscuit
- Sweet Potato Waffle Fries

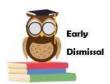
- Hamburger or Cheeseburger on a Bun • Oven Baked Fries
- · Steamed Peas

12

- Sweet & Sour Chicken Steamed Rice
- Stir-Fry Vegetables Fortune Cookie

13 French Bread Pizza 👂

Freshly Prepared Caesar Salad



16

- Meatless Monday
- Creamy Mac & Cheese Steamed Green Beans • Emoji Fries ©
- · Dinner Roll

17

- · Grilled Chicken Ranch Club Wrap

18

11

- Hamburger or Cheesburger on a Bun Lettuce & Tomato
- Pickle Chips Baked Fries

19

- Pancakes 🚳
- Breakfast Sausages Hash Browns

20

- Stuffed Crust Pizza 🔊
- Freshly Prepared Garden Salad







26



27

















Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun, Muffin Meal, Cereal Meal, Bagel Bag & Yogurt Meal

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: allamuchy.nutrislice.com/menu/allamuchy-township-school/lunch/ Layout, design & Details: allamuchy-township-school/lunch/ Layout, design