



# December 2019

Allamuchy Township School  
Lunch

Lunch Price List    Student Lunch: \$3.00    Reduced Lunch: \$0.40    Adult Lunch: \$3.70

**MONDAY**                      **TUESDAY**                      **WEDNESDAY**                      **THURSDAY**                      **FRIDAY**

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| <p><b>2</b></p> <ul style="list-style-type: none"> <li>Meatless Monday</li> <li>Italian Sampler with Breaded Ravioli, Mozzarella Sticks with Marinara Sauce</li> <li>Italian Green Beans</li> </ul> | <p><b>3</b></p> <ul style="list-style-type: none"> <li>New Menu Item</li> <li>Hot Dog Sliders</li> <li>BBQ Baked Beans</li> <li>Country Slaw</li> </ul> | <p><b>4</b></p> <ul style="list-style-type: none"> <li>Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa</li> <li>Southwestern/Fiesta Corn</li> <li>Fiesta Rice &amp; Beans</li> </ul> | <p><b>5</b></p> <ul style="list-style-type: none"> <li>National Comfort Food Day</li> <li>Crunchy Chicken Bites</li> <li>Baked Creamy Mac &amp; Cheese</li> <li>Peas &amp; Carrots</li> <li>Mini Corn Bread Loaf</li> </ul> | <p><b>6</b></p> <ul style="list-style-type: none"> <li>Bella's Pizza 🍕</li> <li>Freshly Prepared Spring Mix Salad</li> </ul> |
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| <p><b>9</b></p> <ul style="list-style-type: none"> <li>Meatball Parm Hero</li> <li>Cucumber &amp; Tomato Salad</li> </ul> | <p><b>10</b></p> <ul style="list-style-type: none"> <li>Crispy Chicken on a Biscuit</li> <li>Sweet Potato Waffle Fries</li> </ul> | <p><b>11</b></p> <ul style="list-style-type: none"> <li>Hamburger or Cheeseburger on a Bun</li> <li>Oven Baked Fries</li> <li>Steamed Peas</li> </ul> | <p><b>12</b></p> <ul style="list-style-type: none"> <li>Sweet &amp; Sour Chicken</li> <li>Steamed Rice</li> <li>Stir-Fry Vegetables</li> <li>Fortune Cookie</li> </ul> | <p><b>13</b></p> <ul style="list-style-type: none"> <li>French Bread Pizza 🍕</li> <li>Freshly Prepared Caesar Salad</li> </ul> |
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| <p><b>16</b></p> <ul style="list-style-type: none"> <li>Meatless Monday</li> <li>Creamy Mac &amp; Cheese</li> <li>Steamed Green Beans</li> <li>Dinner Roll</li> </ul> | <p><b>17</b></p> <ul style="list-style-type: none"> <li>Grilled Chicken Ranch Club Wrap</li> <li>Emoji Fries 🍌</li> </ul> | <p><b>18</b></p> <ul style="list-style-type: none"> <li>Hamburger or Cheeseburger on a Bun</li> <li>Lettuce &amp; Tomato</li> <li>Pickle Chips</li> <li>Baked Fries</li> </ul> | <p><b>19</b></p> <ul style="list-style-type: none"> <li>Pancakes 🥞</li> <li>Breakfast Sausages</li> <li>Hash Browns</li> </ul> | <p><b>20</b></p> <ul style="list-style-type: none"> <li>Stuffed Crust Pizza 🍕</li> <li>Freshly Prepared Garden Salad</li> </ul> |
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**Maschio's Swap-Outs Available Daily:** Chicken Patty on a Bun , Muffin Meal , Cereal Meal , Bagel Bag & Yogurt Meal

**All Meals Served** All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

**Menus are Subject to Change** The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

**EOE Statement** Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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More Details: [allamuchy.nutrislice.com/menu/allamuchy-township-school/lunch/](http://allamuchy.nutrislice.com/menu/allamuchy-township-school/lunch/)

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